

Dr. Thompson received her B.A. degree in Biology with a minor in Chemistry from the University of San Diego in 1999. In 2004, she received her osteopathic medical degree from the University of Health Sciences in Kansas City, Missouri. Dr. Thompson completed a three-year Residency Program at the Alameda County Medical Center in Oakland, California in 2007. She served as Chief Resident at the Alameda County Medical Center in Oakland, California from 2007-2008. In 2010, Dr. Thompson completed both her Preventive Medicine Fellowship at the New York City Department of Health and Mental Hygiene and her Master of Public Health at Columbia University in New York City. Dr. Thompson was designated a Specialist in Clinical Hypertension by the American Society of Hypertension Specialists Program in 2014. Along with being, a Primary Care Physician Dr. Thompson is the program director of the Internal Medicine Health Disparities and Health Equity track at the Oakland Medical Center. She is also the site director for the Internal Medicine Community Medicine Health Disparities Fellowship at the Oakland Medical Center. Dr. Thompson is one of two Clinical Hypertension Specialists in the Kaiser Permanente East Bay region. In August of 2015, she started a Specialty Blood Pressure Clinic at the Oakland Medical Center as a service to all Black/African American patients in the East Bay with poorly controlled hypertension.

## Understanding the Covid-19 Virus & Vaccinations

Dr. Thompson will provide information about the Covid-19 Virus and discuss how vaccination combats illness. She will deliver a clear understanding of how COVID-19 vaccines work and how it helps to look at how our bodies fight illness. She will review how germs, such as the virus that causes COVID-19, invade human bodies, how they attack and multiply. This invasion, called an infection, is what causes illness and how the immune system uses several tools to fight infection.

Dr. Thompson will discuss how vaccines help people develop immunity to a virus or other germ. A vaccine introduces a less harmful part of that germ, or something created to look or behave like, it into a person's body. The body's immune system develops antibodies that fight that particular germ and keep the person from getting sick from it. Later, if the person encounters that germ again, their immune system can "recognize" it and "remember" how to fight it off.



**Register Today** Space is limited, Click on a link below.

Choose a class.

Feb 23, 2021

March 9, 2021

5:00 pm - 6:15 pm

**Registration Link:** https://zoom.us/j/98523764046?pwd=MVptQi9XSDMxaUpvc3hHTUJhWk50Zz09

## 10:00 am - 11:30 am

Registration Link:

https://zoom.us/i/92608870662?pwd=WFdWYXBwTGhpUEdiOUhCc2ZodnIrdz09

## **Opportunity for Questions and Answers**

For additional information contact Claudia at <u>afstraining@afs4kids.org</u> or call (916) 508-3941.